S	T	Α	R	\mathbf{T}	E	R	S	

SOUP OF THE DAY (GF AVAILA warm bread roll	ABLE)	£6.00
CHICKEN LIVER PARFAIT (GF red onion chutney, toasted brioche, balsamic dressing	AVAILABLE)	£7.95
HAGGIS BON BONS (V AVAILA spinach, turnip puree, peppercorn sauce	ABLE)	£7.25
GAMBAS PIL PIL (GF AVAILABL	Æ)	£8.95
TEMPURA OF VEGETABLES (C	GF AVAILABLE)	£6.95
SMOKED CHEDDAR AND LEED mixed salad	K TART (V)	£6.95
MINI LAMB KOFTA (GF AVAILA mini naan bread, salad & tzaziki dip	ABLE)	£7.95
LIGHT BITES		
SMALL LOADED NACHOS (GF cheese, guacamole, salsa and sour cream	•	£5.95
CRAB CAKES sweet chilli jam		£6.95
CHICKEN GOUJONS sweet chilli BBQ		£6.95
MOZZARELLA STICKS		£5.95
SANDWICHES AND AVAILABLE UNTIL 5 P.		ES
BLOOMER BREAD SERVED WI'COLESLAW & SALAD (GF AVAIL		£6.95
Choice of white or brown bread, glut	ten free bread	
Egg mayo Tuna and red onion Ham, mustard and mayo	Add Sources	
Coronation chicken Cheese and tomato	Add Soup £3 Add Fries £3	

A LA CARTE MENU

Moorings

HOTEL

MAINS

TRADITIONAL FISH AND CHIPS (GF AVAILABLE) battered haddock, fries, garden or mushy peas, tartare sauce	£14.95
STEAK PIE (GF AVAILABLE) seasonal vegetables, fries or mashed potatoes *gluten free without pastry	£15.95
HOUSE CHICKEN CURRY (V/GF AVAILABLE) steamed rice	£15.95
SALMON EN CROUTE green beans buttered herb potatoes, dill veloute	£17.95
GARLIC AND ROSEMARY GLAZED PORK BELLY (GF) colcannon mash	£15.95
CHARGRILLED CHICKEN (GF AVAILABLE) Mediterranean vegetables, chorizo and pesto dressing	£15.95
SPICY VEG FAJITA WRAP salad and chips, sour cream, guacamole and salsa add grilled chicken £3.50	£13.95
BAKED POTATO served with salad	£8.95
Tuna and red onion Coleslaw (v) Coronation chicken Cheese and beans (v) Beef chilli	
SIDES	
GARLIC BREAD	£4.00
CHEESY GARLIC BREAD	£4.50
FRIES	£4.00
ONION RINGS (GF AVAILABLE)	£4.00

If you have any dietary requirements, intolerances or allergies please speak to your server before you order.

£4.00

£4.00

SEASONAL VEGETABLES

SIDE SALAD

GF - Gluten free V - Vegetarian

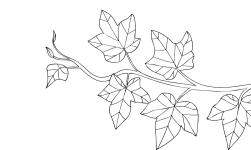
FROM THE GRILL

GRILLED 8OZ SIRL fries, tomato, mushroom	OIN (GF AVAILABLE)	£22.95
	sauce £3 add garlic butter £3	
GRILLED 8OZ RIBE fries, tomato, mushroom	EYE STEAK (GF AVAILABLE)	£22.95
add pepper s	sauce £3 add garlic butter £3	
·	to, gherkin, fries, coleslaw bacon fried onions £1 each	£16.95
floured bap. lettuce, toma	CHICKEN BURGER ato, gherkin, fries, coleslaw bacon fried onions £1 each	£14.95
CHORIZO AND PO floured bap, lettuce, toma coleslaw, sweet chilli jam	111 201(021)	£15.95
CHICKEN PAKORA floured bap, lettuce, toma mango chutney & spice	ato, gherkin, fries, coleslaw	£15.95
CHICKEN KIEV fries, salad		£16.95
	ENISON SHANK (GF) ot vegetables, red wine sauce	£16.95
MIXED GRILL beef steak, pork steak, ga tomato, mushrooms	mmon steak, sausage, fries,	£20.95
PASTA		
SEAFOOD TAGLIA king prawns, salmon, mu		£16.95
PUMPKIN AND SP	INACH RISOTTO (GF)	£14.95
ARRABIATA PAST	A (GF AVAILABLE) add grilled chicken £3.50	£12.95

BAKED BEEF AND TOMATO LASAGNE

CAJUN CHICKEN PASTA (GF AVAILABLE)

served with a slice of garlic bread



£15.95

£16.95



STARTERS

SOUP OF THE DAY (V, GF) warm bread roll



red onion chutney, brioche and balsamic dressing

LOADED NACHOS (GF)

cheese, guacamole, salsa and sour cream

SMOKED CHEDDAR & LEEK TART (V)

mixed salad

CRAB CAKES

sweet chilli jam

MOORINGS

MAINS

BAKED BEEF LASAGNE

served with a slice of garlic bread

2 COURSES

£19

HADDOCK & CHIPS (GF AVAILABLE)

with mushy or garden peas

3 COURSES

£24

ARRABIATA PASTA (GF AVAILABLE)

SOUTHERN FRIED CHICKEN BURGER

floured bap with tomato, lettuce, gherkin, coleslaw and fries

CHICKEN KIEV

salad fries

8OZ BEEF BURGER

floured bap. lettuce, tomato, gherkin, fries, coleslaw

DESSERT

CARAMEL SHORT CAKE SUNDAE

ETON MESS

ICE CREAM

STICKY TOFFEE PUDDING

STRAWBERRY AND CLOTTED CREAM CHEESECAKE

IF YOU HAVE A FOOD ALLERGY, INTOLERANCE OR SENSITIVITY, PLEASE SPEAK TO YOUR SERVER ABOUT INGREDIENTS BEFORE THE ORDER.

GF -GLUTEN FREE. V - VEGETARIAN

Available Monday - Friday 12:00 pm - 5:00 pm

SELECT





£6.50

STARTERS	
SOUP OF THE DAY warm bread roll	£6.00
CHICKEN LIVER PARFAIT (GF AVAILABLE) red onion chutney, brioche, balsamic dressing	£7.95
GAMBAS PIL PIL (GF AVAILABLE) seared king prawns with chilli garlic & coriander	£8.95
TEMPURA OF VEGETABLES (GF AVAIABLE)	£6.95
SMOKED CHEDDAR AND LEEK TART (V)	£6.95
MINI LAMB KOFTA (GF AVAILABLE)	£7.95
MAINS	
CHARGRILLED CHICKEN (GF AVAILABLE) Mediterranean vegetables, chorizo and pesto dressing	£15.95
BAKED BEEF AND TOMATO LASAGNE	£15.95
ARRABIATA PASTA	£12.95
add grilled chicken £3.50	
STEAK PIE seasonal vegetables, fries or mashed potatoes	£15.95
8OZ BEEF BURGER floured bap, lettuce, tomato, gherkin, fries, coleslaw add cheese bacon onion £1 each	£16.95
SIDES FRIES ONION RINGS SIDE SALAD GARLIC BREAD	£4.00 each
D E S S E R T S	
STICKY TOFFEE PUDDING butterscotch sauce with vanilla ice cream	£6.50
WARM CHOCOLATE FONDANT (GF) served with mint chocolate ice cream	£6.50
STRAWBERRY AND CLOTTED CREAM CHEESECAKE	£6.50
SELECTION OF ICE CREAM	£6.50

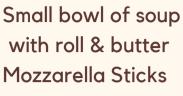
Menu for parties of 10 people and over, contact our team to book. £5 deposit per person required.

CARAMEL SHORTCAKE SUNDAE

If you have a food allergy, intolerance or sensitivity, please speak to your server about ingredients before the order. Vegetarian, Vegan available on request, GF - Gluten free, V - Vegetarian

KIDS MENU





Carrot, cucumber &

cherry tomatoes

Garlic Bread or Cheese

garlic bread Onion Rings £2.50

Starters

each



Hot Dog & Chips Mini Fish & Chips

Tomato Pasta

Sausage & Mash

Chicken Wrap

Mains

£4.00

each



Mini Doughnuts Fruit Salad Ice Cream

cone ,sprinkle, sauce

Dessert

£2.50

each





Please inform your server of any know allergens



DESSERT MENU



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		TICKY TOFFEE PUDDING terscotch sauce with vanilla ice cream		£6.50
	CA	ARAMEL SHORTCAKE SUNDAE		£6.50
	WARM CHOCOLATE FONDANT (GF) mint chocolate ice cream			
	ST	RAWBERRY AND CLOTTED CREAM CH	EESECAKE	£6.50
	SE	LECTION OF ICE CREAM (GF)		£6.50
		IXED BERRY CRUMBLE, RASPBERRRY SOND CUSTARD raspberry & sorrel sorbet	ORBET	£6.50
ſτΊ		POT OF TEA	£3.20	- A
H		TEA/HERBAL TEA	£3.20	RA
FFEE		AMERICANO	£3.50	PO TO
\overline{O}		FLAT WHITE	£3.50	
Ü		CAPPUCCINO	£3.50	
8		LATTE	£3.50	
V		ESPRESSO	£2.95	
TE_{I}		DOUBLE ESPRESSO	£3.50	
H		HOT CHOCOLATE	£4.00	
		MOORINGS DELUXE HOT CHOCOLATE	£4.25	
		Extra shot 50p / Syrup 50p		
		Decaf options available		, >

If you have a food allergy, intolerance or sensitivity, please speak to your server about ingredients before the order.

Almond/Soya milk available on request









AVAILABLE UNTIL 12PM

Breakfast roll		£5.00
Egg	extra filling	£1.50
Bacon		
Sausage		
Potato scone		
Eggs on toast		£4.50
scrambled or poac	hed	
Avocado toast		£5.00
poached egg		
Toast & jam		£3.00
Mini pastries		£4.00
Scones		£4.00
Plain or Fruit		
Served with cream ar	nd jam	

BREAKFAST ROLL & TEA OR COFFEE

£7.00

AVAILABLE UNTIL 12PM

SCONE & TEA OR COFFEE

£6.50

AVAILABLE UNTIL 6PM

CAKES

AVAILABLE UNTIL 6PM

Banoffee pie	£4.50
Mixed berry & frangipane slice	£4.50
Chocolate & orange tart(gf,df)	£4.50
Strawberry tart	£4.50
Caramel shortcake	£4.00

TEA & COFFEE

Pot of Tea	£3.20
Tea/Herbal Tea	£3.20
Americano	£3.50
Flat white	£3.50
Cappuccino	£3.50
Latte	£3.50
Espresso	£2.95
Double Espresso	£3.50
Hot chocolate	£4.00
Moorings Deluxe Hot Chocolate	£4.25
Extra shot 50p / Syrup 50p	
Decaf options available	

Almond/Soya milk available on request