***Milk, Egg and Gluten Free Menu***

**Starters**

**The Deli Board to Share** 21.50

Selection of Meats, Homemade Chutney, Marinated Chillies and Warm Gluten Free Bread

**Soup of the Day** 5.90

**Savoury Board**  8.00

Selection of Meats, Homemade Chutney, Gherkins, Olives and Marinated Chillies and Warm Gluten Free Bread

**Fantail of Seasonal Melon (V)**

Served with Fresh Fruit and Fruit Sorbet 7.00

*OR*

Served with Parma Ham 7.80

***Main Courses***

**Vegetable Stack (V)** 15.50

With Courgette, Fennel, Red Onions, Tomato, Basil and Peppers

**Baked Haddock in Lemon Oil** 16.50

With Garden Peas and Chipped Potatoes

**Baked Cod Loin with Parma Harm** 16.00

Set on Creamed Potatoes, Tomato Concasse and drizzled with Mango Jus

**Chicken Stuffed with Carrot Chutney** **Wrapped in Bacon** 21.50 Served with a Port, Plum and Pine Nut Jus with Seasonal Vegetables

and Potatoes

**Pan Fried Swordfish** 18.50

Set on Lemon and Ginger Stir Fried Vegetables served with creamed or Chipped Potatoes and Mango Dressing

**Sirloin Steak** 28.00

Served with Tomato, Mushrooms, Sautéed Onions and Chipped Potatoes

***Sweets***

**Fresh Fruit Salad** 7.80

Served with vanilla Ice Cream