

# MENU

**Sandwich 6.50**  
**Panini 7.25**

**Roast Beef** horseradish & rocket

**Roast Ham** English mustard

**Mature Cheddar (V)** red onion jam & tomato

**Vegan Cheese toastie (VE)** with spinach & pesto

**Prawn & Marie rose**

**Bacon & Brie**, with cranberry sauce

Sandwiches available on Wholemeal or White & served with tortilla corn chips

## Starters

**Prawn Cocktail** coldwater prawns, lettuce & marie rose **7.00**

**Parma Ham Salad (GF)**with honey & mustard dressing **8.70**

**Mixed Olives & Sourdough (V)** olive oil & balsamic **5.90**

**Tomato & Basil Soup (VE)(GF+)**warm bread for dipping **6.00**

**Chicken Satay Skewers** with peanut dipping sauce **6.75**

**Breaded Cream Cheese Jalapeno (V)** tortilla breaded jalapenos, filled with cream cheese and sauce blanche served with spicy salsa and a wedge of lime **6.50**

**Shallot & Red Onion Tartlet (VE)** served on a bed of mixed leaves **6.25**

**Chicken & Herb Terrine** served beside toasted panini, pickles & chive oil **6.50**

## Main Courses

**Fish, Chips & Peas**, salad and tartar sauce **18.00**

**Breaded Wholetail Scampi** tartare sauce, garden peas & chips **16.00**

**Salmon Teriyaki** mashed potato & tenderstem **17.50**

**Newmarket Sausages & Mash**, 4 Musks Sausages, pepper mash & onion gravy **16.50**

**8oz Beef Burger**,in a warmed bun with chips and salad **16.50**

add, Cheese & bacon **2.00**

**Slow Braised Lamb Shank** marinated lightly with mint and rosemary on mash and served with vegetables **17.50**

**Carrot Wellington (Ve)** chips & salad **15.00**  
carrots, mushrooms, spinach and sunflower seeds with a carrot, orange and ginger spiced marmalade wrapped in a puff pastry case

**Duck & Waffle(GF)** crispy fried duck leg & waffle, topped with a fried egg, with sweet potato and tangy hoisin sauce **18.00**

**Arctic King Prawn Risotto (GF)** cooked with garlic, sweet basil and tomato **17.50**

**Chefs Kitchen Carvery** Traditional Roast Beef or Pork, or a bit of both! accompanied with a selection of vegetables and roast potatoes **16.00**

**Chicken Tikka Masala** **16.00**

**Butternut Gobi Dhansak (VE+)**

served with basmati rice and garlic & coriander naan

## Grills

<b>Sirloin Steak*</b>	<b>22.00</b>
<b>Ribeye*</b>	<b>25.00</b>
<b>served with fries, mushrooms, grilled tomato, onion rings and garden peas</b>	
<i>Approximate uncooked weight *227g/ 8oz. **394g/13.9oz.</i>	

## Tea & Coffee

<b>Brew Tea Co</b> <a href="http://www.brewteacompany.co.uk">www.brewteacompany.co.uk</a>	<b>3.20</b>
100% rolled leaves, Blends that taste like they should. Blended & packed by Tea HQ in Manchester	
English breakfast   Earl Grey   Assam   Darjeeling   Chai   Co2 decaffeinated   Green tea   Moroccan mint   Lemon & ginger   Apple & Blackberry	
<b>Coffee</b>	<b>3.20</b>
freshly ground from traditionally roasted beans Cafetiere   Espresso   Cappuccino   Americano   Latte	
<b>Hot Chocolate</b>	<b>3.20</b>
<b>Liqueur Coffee</b>	<b>7.00</b>

## Desserts

A selection of freshly prepared desserts are available, please ask for our dessert menu.

## Dietary Requirements

Most food preparation takes place in our main kitchen where there is exposure to all of the prescribed allergens. We give no undertaking of any kind to produce allergy-safe food where we have not been given sufficient advance notice (7 working days) of the requirement.

While we will use all reasonable endeavours to provide food that does not contain any of the allergens that have been identified and notified to us in respect of specific individuals, we cannot give any undertaking of a level of clinical food preparation conditions that would provide an absolute guarantee of total safety from any allergen contamination.

Dishes marked with **(V+)**, **(VE+)**, **(+)** **(GF+)** require a substitute to make the dish suitable - Please advise us when ordering.

(+) - Dish requires adapting to be...

(V) - Vegetarian

(VE) - Vegan

(GF) - Gluten Free

### Opening Hours

#### Lunch

Monday - Friday - 12noon - 2.00pm  
Saturday - Closed

Sunday Carvery - 12.30pm - 6.00pm

#### Dinner

Monday - Saturday - 6.30pm - 8.30pm

Sunday Carvery - 12.30pm - 6.00pm