

## **BREAKFAST**

Menu

## **Cereals & Juices**

Alpen | Rice-Krispies | All-Bran | Corn Flakes Crunchy Nut | Weetabix | Nuts & Muesli

Fresh Orange | Grapefruit | Cloudy Apple Cranberry

**Yoghurts & Pastries** 

Your Breakfast, cooked to Order

Musk's Pork Sausage | Bacon | Tomato Baked Beans | Fried Bread | Mushrooms Hash Browns | Black Pudding **Toast**Farmhouse White or Wholemeal
Butter | Marmalade | Preserves

Served with
Fried | Poached or Scrambled Eggs

the nutrient choline found in eggs is essential for healthy brain function

## **Speciality Teas**

English Breakfast | Earl Grey | Moroccan Mint Green Tea | Fruit Punch | Lemon and Ginger Chai Tea | CO2 Decaffeinated

## Coffee

freshly ground from traditionally roasted beans Regular or Decaffeinated

