

Breakfast Menu 2025

Build your own freshly cooked Breakfast

Chicken, Beef (GF) or Vegan Sausage, Turkey Bacon
Hash Brown (GF), Baked Beans, Grilled Tomato, & Mushrooms
St Ewe Fried, Poached or Scrambled Egg

Smoked Salmon & Scrambled Egg

Eggs Florentine Spinach, Hollandaise & Poached Egg

Eggs Royale Smoked Salmon, Hollandaise & Poached Egg

Omelette Plain, Mush, Tom or Cheese

Smoked Haddock & Poached Egg

Eggs Benedict Turkey Bacon, Hollandaise & Poached Egg

Continental Breakfast

Cereals- Coco pops, Cornflakes, Fruit & Fibre, Frosties, Rice Krispies, Alpen & Weetabix

Porridge- Please allow time for this to be cooked to order

American Style Buttermilk Pancakes, Lemon & Maple Syrup

Pastries Assorted flavours

Cornish Tea & Coffee- We have a large selection available to you.

Orange, Apple & Cranberry Juice

Chilled Buffet

Yoghurt- Natural or Mixed Flavours

Grapefruit Segments

Mandarin Segments

Fruit Cocktail

Melon & Grape Pots

Prunes

Toast- Malted or White Bread. Flora/Butter

Jams- Raspberry, Blackcurrant, or Strawberry Jam, Honey, Marmite, Marmalade, Nutella

Grab & Go Breakfast (Please order from Reception the night prior)

Sausage or St Ewe Egg Bap, Piece of Fruit, Cereal Bar, Croissant or Pain Au Chocolate, Yoghurt

Takeaway Tea/Coffee. Orange or Apple Juice. Still Water.

Room Only Prices

Adult £15. Child (under 12), Continental or Grab & Go £10

We are proud to support local produce & suppliers where we can, including St Ewe Eggs,
Westcountry Fruit & Veg, Cornish Tea & Coffee

Allergen Statement: Please advise us if you have any specific Dietary requirements.

As we cannot guarantee your order is 100% free from any of the known 14 allergenic ingredients.