

The Woodlands

M E N U

S T A R T E R S

SOUP OF THE DAY (gfa) (v)	£7.75
CHICKEN LIVER PATE <i>served with onion chutney & oatcakes (gfa)</i>	£8.75
SMOKED TROUT PARFAIT WRAPPED IN SMOKED SALMON <i>served with capers, tomato chutney & melba toast (gfa)</i>	£9.00
PANKO BREADED KING PRAWNS <i>with sweet chilli dip</i>	£9.00
NACHO COATED MAC 'N' CHEESE BITES <i>with sour cream (v)</i>	£7.75
RED PEPPER, QUINOA & PARSLEY HOUMOUS TERRINE <i>served with tomato chutney & melba toast (vg) (gfa)</i>	£8.50

B U R G E R S

<i>all served with rainbow slaw and chips on a brioche style bun add bacon to any burger for £1.50</i>	
BEEF BURGER, BBQ PULLED PORK AND MONTEREY JACK CHEESE (gfa) (dfa)	£15.50
"FAJITA" BATTERED CHICKEN FILLET, ONIONS, PEPPERS, MEXICAN CHEESE AND PICO DE GALLO	£15.50
VEGAN HAGGIS & LORNE BURGER, ONION CHUTNEY, COS AND SLICED TOMATO (vg) (df)	£15.50

P A S T A S & S A L A D S

CHICKEN, CHORIZO & MUSHROOM PENNE PASTA <i>with a garlic cream sauce</i>	£17.50
ROAST VEGETABLE PENNE PASTA <i>with a tomato & herb sauce (vg) (df)</i>	£15.50
HOT CAJUN SALMON SALAD <i>served with tomato chutney (gf)</i>	£15.50
BATTERED CHICKEN FILLET AND SMOKED BACON CAESAR STYLE SALAD (gfa)	£15.50

M A I N C O U R S E S

BATTERED/BREADED HADDOCK <i>with chips & peas</i>	£18.50
BREADED SCAMPI <i>with chips & peas</i>	£17.50
STEAK CASSEROLE & FLAKY PASTRY <i>served with carrots and peas and your choice of chips or mash(gfa)</i>	£18.50
MACARONI CHEESE <i>with chips or garlic bread (v)</i>	£16.50
MEDIUM SPICED INDIAN STYLE CURRY <i>served with rice and naan and your choice of: (gfa)</i>	
CHICKEN	£16.50
PRAWN	£18.50
VEGETABLE	£15.50
ROAST CHICKEN DINNER <i>served with yorkshire pudding, roast potatoes, vegetables & gravy (gfa)</i>	£18.50
FILLET OF SALMON <i>served with garlic & herb mash, tender stem broccoli & a tomato and herb sauce (gf)</i>	£19.50
SLOW COOKED BEEF BLADE <i>served with chips, onion rings, tender stem broccoli and peppercorn sauce (gfa)</i>	£21.50
FILLET OF SEABASS <i>served with balsamic roasted vegetables and dauphinoise potato (gf)</i>	£18.50

S I D E S

CHIPS/CAJUN CHIPS	£5.00
GARLIC BREAD	£4.50
CHEESY GARLIC BREAD	£5.00
BEER BATTERED ONION RINGS	£5.00
GARDEN SALAD WITH RAINBOW SLAW	£6.00

please let our staff know if you have a food allergy or intolerance to certain foods

our chips are gluten free however may contain traces of gluten due to cross contamination during the cooking process
and may not be suitable for those with a high sensitivity to gluten

(v) vegetarian (vg) vegan (vga) vegan adaptable
(gfa) gluten free adaptable (gf) gluten free (df) dairy free (dfa) dairy free adaptable

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SOUP OF THE DAY

(gfa) (v)

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served with onion chutney & oatcakes (gfa)

SMOKED TROUT PARFAIT WRAPPED IN SMOKED SALMON

served with capers, tomato chutney &

melba toast (gfa)

PANKO BREADED KING PRAWNS

with sweet chilli dip

NACHO COATED MAC 'N' CHEESE BITES

with sour cream (v)

RED PEPPER, QUINOA & PARSLEY HOUMOUS TERRINE

served with tomato chutney & melba toast (vg)

(gfa)

B U R G E R S

*all served with rainbow slaw and chips on a brioche style bun
add bacon to any burger for £1.50*

BEEF BURGER, BBQ PULLED PORK AND MONTEREY JACK CHEESE

(gfa)

"FAJITA" BATTERED CHICKEN FILLET, ONIONS, PEPPERS, MEXICAN CHEESE AND PICO DE GALLO

VEGAN HAGGIS & LORNE BURGER, ONION CHUTNEY, COS AND SLICED TOMATO

(vg)

P A S T A S & S A L A D S

CHICKEN, CHORIZO & MUSHROOM PENNE PASTA

with a garlic cream sauce

ROAST VEGETABLE PENNE PASTA

with a tomato & herb sauce (vg)

HOT CAJUN SALMON SALAD

served with tomato chutney (gf)

BATTERED CHICKEN FILLET AND SMOKED BACON CAESAR STYLE SALAD

(gfa)

M A I N C O U R S E S

BATTERED/BREADED HADDOCK

with chips & peas

BREADED SCAMPI

with chips & peas

STEAK CASSEROLE & FLAKY PASTRY

*served with carrots and peas and your
choice of chips or mash (gfa)*

MACARONI CHEESE

with chips or garlic bread (v)

MEDIUM SPICED INDIAN STYLE CURRY

served with rice and naan and your choice

of: (gfa)

CHICKEN

PRAWN

VEGETABLE

ROAST CHICKEN DINNER

*served with yorkshire pudding, roast
potatoes, vegetables & gravy (gfa)*

FILLET OF SALMON

*served with garlic & herb mash, tender stem
broccoli & a tomato and herb sauce (gf)*

SLOW COOKED BEEF BLADE

*served with chips, onion rings, tender stem
broccoli and peppercorn sauce (gfa)*

FILLET OF SEABASS

*served with balsamic roasted vegetables and
dauphinoise potato (gf)*

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