

The Woodlands

M E N U

Starters

SOUP OF THE DAY <i>(gfa) (v)</i>	£7.50
CHICKPEA, QUINOA & CORIANDER PATE <i>with onion chutney & melba toast (vg) (gfa)</i>	£8.25
SALMON TERRINE <i>with tomato chutney & melba toast (gfa)</i>	£8.25
CHICKEN LIVER PATE <i>served with onion chutney & oatcakes (gfa)</i>	£8.25
PANKO BREADED KING PRAWN <i>with Sweet Chilli Dip</i>	£9.00
HALLOUMI FRIES <i>with Garlic Dip</i>	£8.25

Burgers

All served with chips

STICKY BBQ BEEF, PEPPERONI AND MOZZARELLA <i>(gfa)</i>	£14.85
BREADED SOUTHERN FRIED CHICKEN, BACON, SWEET CHILLI AND MOZZARELLA	£14.85
THAI INFUSED CRISPY VEGETABLE BURGER, VEGAN MOZZARELLA & SWEET CHILLI <i>(vg)</i>	£14.85

Please let our staff know if you have a food allergy or intolerance to certain foods.

Chips are gluten free however may contain traces of gluten due to cross contamination during the cooking process and may not be suitable for those with a high sensitivity to gluten.

Main Courses

BATTERED/BREADED HADDOCK <i>with chips & peas</i>	£17.50
BREADED SCAMPI <i>with chips & peas</i>	£16.50
STEAK CASSEROLE & FLAKY PASTRY <i>served with peas and your choice of chips, mash or new potatoes (gfa)</i>	£17.50
MACARONI CHEESE <i>with chips or garlic bread (v)</i>	£14.00
BALTI STYLE CURRY <i>served with rice and naan</i>	
CHICKEN (GFA)	£16.00
VEGETABLE (VG) (GFA)	£15.00
CHICKEN, CHORIZO & MUSHROOM PENNE PASTA <i>with garlic and herb cream sauce</i>	£16.00
FILLET OF SEABASS <i>served with balsamic roasted vegetables & dauphinoise potato (gf)</i>	£17.00
SLOW COOKED BEEF FEATHERBLADE <i>served with tenderstem broccoli, mashed potato shallot & red wine gravy (gf)</i>	£18.50
FILLET OF SALMON <i>served with baby potatoes, tenderstem broccoli & watercress, parsley & chardonnay cream sauce (gf)</i>	£18.50
BUTTERNUT SQUASH, SPINACH, PEA AND PARMESAN RISOTTO <i>(v) (vga) (gf)</i>	£14.00
CHICKEN <i>(gf)</i>	£17.75
CAJUN STEAK STRIPS <i>(gf)</i>	£27.00
ROASTED VEGETABLE PENNE PASTA <i>with a tomato and rosemary sauce (vg)</i>	£13.50
HOT CAJUN SALMON SALAD <i>with tomato chutney (gf)</i>	£14.75
BREADED SOUTHERN FRIED CHICKEN & BACON CAESAR STYLE SALAD (GFA)	£14.50
8OZ SIRLOIN STEAK <i>served with flat mushroom, onion rings & chips (gfa)</i>	£27.00
STEAK SAUCES <i>choose from peppercorn, garlic butter or shallot & red wine gravy (gf)</i>	£3.75

(v) vegetarian (vg) vegan (vga) vegan adaptable
(gf) gluten free (gfa) gluten free adaptable

The Woodlands

M E N U

Sides

CHIPS/CAJUN CHIPS £4.50

GARLIC BREAD £4.50

GARLIC BREAD AND MOZZARELLA £5.00

MAC 'N' CHEESE BITES £5.50

BEER BATTERED ONION RINGS £5.00

BALSAMIC GARDEN SALAD £5.50

(vg) (gf)

Selection of Teas and Coffees available from £2.90

Redwood Card holders receive 10% discount on all menu items

Please let our staff know if you have a food allergy or intolerance to certain foods.

Chips are gluten free however may contain traces of gluten due to cross contamination during the cooking process and may not be suitable for those with a high sensitivity to gluten.

(v) vegetarian (vg) vegan (vga) vegan adaptable
(gf) gluten free (gfa) gluten free adaptable