

The Woodlands

M E N U

Starters

SOUP OF THE DAY

(gfa) (v)

CHICKPEA, QUINOA & CORIANDER PATE

with onion chutney & melba toast (vg) (gfa)

SALMON TERRINE

with tomato chutney & melba toast (gfa)

CHICKEN LIVER PATE

served with onion chutney & oatcakes (gfa)

PANKO BREADED KING PRAWN

with Sweet Chilli Dip

HALLOUMI FRIES

with Garlic Dip

Burgers

All served with chips

STICKY BBQ BEEF, PEPPERONI AND MOZZARELLA

(gfa)

BREADED SOUTHERN FRIED CHICKEN, BACON, SWEET CHILLI AND MOZZARELLA

THAI INFUSED CRISPY VEGETABLE BURGER, VEGAN MOZZARELLA & SWEET CHILLI

(vg)

Please let our staff know if you have a food allergy or intolerance to certain foods.

Chips are gluten free however may contain traces of gluten due to cross contamination during the cooking process and may not be suitable for those with a high sensitivity to gluten.

Main Courses

BATTERED/BREADED HADDOCK

with chips & peas

BREADED SCAMPI

with chips & peas

STEAK CASSEROLE & FLAKY PASTRY

served with peas and your choice of chips, mash or new potatoes (gfa)

MACARONI CHEESE

with chips or garlic bread (v)

BALTI STYLE CURRY

served with rice and naan

CHICKEN (GFA)

VEGETABLE (VG) (GFA)

CHICKEN, CHORIZO & MUSHROOM PENNE PASTA

with garlic and herb cream sauce

FILLET OF SEABASS

served with balsamic roasted vegetables & dauphinoise potato (gf)

SLOW COOKED BEEF FEATHERBLADE

served with tenderstem broccoli, mashed potato shallot & red wine gravy (gf)

FILLET OF SALMON

served with baby potatoes, tenderstem broccoli & watercress, parsley & chardonnay cream sauce (gf)

BUTTERNUT SQUASH, SPINACH, PEA AND PARMESAN RISOTTO

(v) (vga) (gf)

CHICKEN

(gf)

CAJUN STEAK STRIPS

£9.00 Supplement

(gf)

ROASTED VEGETABLE PENNE PASTA

with a tomato and rosemary sauce (vg)

HOT CAJUN SALMON SALAD

with tomato chutney (gf)

BREADED SOUTHERN FRIED CHICKEN & BACON CAESAR STYLE SALAD (GF)

£9.00 Supplement

8OZ SIRLOIN STEAK

served with flat mushroom, onion rings & chips (gfa)

STEAK SAUCES

choose from peppercorn, garlic butter or shallot & red wine gravy (gf)

(v) vegetarian (vg) vegan (vga) vegan adaptable
(gf) gluten free (gfa) gluten free adaptable

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Sides

CHIPS/CAJUN CHIPS £4.50

GARLIC BREAD £4.50

GARLIC BREAD AND MOZZARELLA £5.00

MAC 'N' CHEESE BITES £5.50

BEER BATTERED ONION RINGS £5.00

BALSAMIC GARDEN SALAD £5.50

(vg) (gf)

Selection of Teas and Coffees available from £2.90

Redwood Card holders receive 10% discount on all menu items

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