

The Woodlands

M E N U

S T A R T E R S

SOUP OF THE DAY <i>(gfa) (v)</i>	£7.50
CHICKEN LIVER PATE <i>served with onion chutney & oatcakes (gfa)</i>	£8.50
SMOKED TROUT PARFAIT WRAPPED IN SMOKED SALMON <i>served with capers, tomato chutney and melba toast (gfa)</i>	£8.75
PANKO BREADED KING PRAWNS <i>with sweet chilli dip</i>	£8.75
NACHO COATED MAC 'N' CHEESE BITES <i>with sour cream (v)</i>	£7.50
RED PEPPER, QUINOA & PARSLEY HOUMOUS TERRINE <i>served with fig relish and melba toast (vg) (gfa)</i>	£8.25

B U R G E R S

<i>all served with rainbow slaw and chips on a brioche style bun</i>	
BEEF BURGER, CARAMELISED ONION, HAGGIS AND EMMENTAL CHEESE <i>(gfa)</i>	£15.00
PANKO BREADED CHICKEN BURGER, BACON, BBQ SAUCE AND MOZZARELLA	£15.00
VEGAN HAGGIS & LORNE BURGER, ONION CHUTNEY, COS AND SLICED TOMATO <i>(vg)</i>	£15.00

P A S T A S & S A L A D S

CHICKEN, CHORIZO & MUSHROOM PENNE PASTA <i>with a garlic cream sauce</i>	£17.00
ROAST VEGETABLE PENNE PASTA <i>with a tomato & herb sauce (vg)</i>	£15.00
HOT CAJUN SALMON SALAD <i>served with tomato chutney (gf)</i>	£15.00
PANKO BREADED CHICKEN AND BACON CAESAR STYLE SALAD <i>(gfa)</i>	£15.00

M A I N C O U R S E S

BATTERED/BREADED HADDOCK <i>with chips & peas</i>	£18.00
BREADED SCAMPI <i>with chips & peas</i>	£17.00
STEAK CASSEROLE & FLAKY PASTRY <i>served with carrots and peas and your choice of chips, mash or new potatoes (gfa)</i>	£18.00
MACARONI CHEESE <i>with chips or garlic bread (v)</i>	£16.00
MEDIUM SPICED INDIAN STYLE CURRY <i>served with rice and naan and your choice of: (gfa)</i>	
CHICKEN	£16.00
PRAWN	£18.00
VEGETABLE	£15.00
ROAST CHICKEN DINNER <i>served with yorkshire pudding, roast potatoes, vegetables & gravy (gfa)</i>	£18.00
SMOKED PAPRIKA COATED FILLET OF SALMON <i>served with masli, tender stem broccoli and a tomato & chorizo cream sauce (gf)</i>	£19.00
BRAISED BEEF FEATHERBLADE STEAK <i>served with chips, onion rings, tender stem broccoli and peppercorn sauce (gfa)</i>	£21.00
FILLET OF SEABASS <i>served with balsamic roasted vegetables and dauphinoise potato (gf)</i>	£18.00

S I D E S

CHIPS/CAJUN CHIPS	£5.00
GARLIC BREAD	£4.50
CHEESY GARLIC BREAD	£5.00
BEER BATTERED ONION RINGS	£5.00
GARDEN SALAD WITH RAINBOW SLAW	£6.00

please let our staff know if you have a food allergy or intolerance to certain foods

chips are gluten free however may contain traces of gluten due to cross contamination during the cooking process and
may not be suitable for those with a high sensitivity to gluten

(v) vegetarian (vg) vegan (vga) vegan adaptable
(gf) gluten free (gfa) gluten free adaptable