

# The Woodlands

## MENU

### Starters

|   |              |
|---|--------------|
| <b>SOUP OF THE DAY</b><br><i>(gfa) (v)</i>  | <b>£7.25</b> |
| <b>CHICKPEA, QUINOA &amp; CORIANDER PATE</b><br><i>with onion chutney &amp; melba toast (vg)</i>          | <b>£8.00</b> |
| <b>BEETROOT CURED SMOKED SALMON, SMOKED SALMON PATE</b><br><i>with fig relish &amp; melba toast (gfa)</i> | <b>£8.75</b> |
| <b>CHICKEN LIVER PATE</b><br><i>served with onion chutney &amp; oatcakes (gfa)</i>                        | <b>£8.00</b> |
| <b>BREADED HALLOUMI</b><br><i>served with garlic dip (v)</i>  | <b>£8.00</b> |
| <b>PANKO BREADED KING PRAWNS</b><br><i>served with a sweet chilli dip</i>                                 | <b>£8.75</b> |

### Stonebaked Pizzas

all 11" pizza with a Mozzarella Cheese & Oregano topping  
Vegetarian Pizzas can be made vegan by using our vegan mozzarella

|   |               |
|---|---------------|
| <b>MUSHROOM, ONION, SWEETCORN &amp; PEPPERS</b><br><i>(v)</i> | <b>£12.20</b> |
| <b>CHEESE &amp; TOMATO</b><br><i>(v)</i>                      | <b>£11.50</b> |
| <b>TANDOORI CHICKEN, PEPPERS &amp; ONIONS</b>                 | <b>£12.20</b> |
| <b>CHICKEN, SWEETCORN &amp; BBQ SAUCE</b>                     | <b>£12.20</b> |
| <b>SPICY BEEF, PEPPERONI &amp; BACON</b>                      | <b>£12.20</b> |
| <b>CHORIZO, MUSHROOM &amp; ONIONS</b>                         | <b>£12.20</b> |

### Main Courses

|  |               |
|--|---------------|
| <b>BATTERED/BREADED HADDOCK</b><br><i>with chips &amp; peas</i>  | <b>£15.50</b> |
| <b>BREADED SCAMPI</b><br><i>with chips &amp; peas</i>  | <b>£14.50</b> |
| <b>STEAK CASSEROLE &amp; FLAKY PASTRY</b><br><i>served with peas and your choice of chips, mash or new potatoes (gfa)</i>                    | <b>£15.50</b> |
| <b>MACARONI CHEESE</b><br><i>with chips or garlic bread (v)</i>  | <b>£12.00</b> |
| <b>VEGETABLE ROGAN JOSH</b><br><i>served with rice and sour dough pitta (vg) (gfa)</i>   | <b>£13.25</b> |
| <b>CHICKEN BALTI</b><br><i>served with rice and naan</i>   | <b>£14.00</b> |
| <b>ROASTED VEGETABLE PENNE PASTA</b><br><i>with a tomato and rosemary sauce (vg)</i>   | <b>£12.25</b> |
| <b>CHICKEN, CHORIZO &amp; MUSHROOM PENNE PASTA</b><br><i>with garlic and herb cream sauce</i>  | <b>£14.00</b> |
| <b>FILLET OF SEABASS</b><br><i>served with balsamic roasted vegetables &amp; dauphinoise potato (gf)</i>                                     | <b>£14.50</b> |
| <b>SLOW COOKED BEEF FEATHERBLADE</b><br><i>served with broccoli, mashed potato &amp; peppercorn sauce (gf)</i>                               | <b>£16.50</b> |
| <b>GRIDDLED ROSEMARY CHICKEN</b><br><i>served with frittered skirlie bon bon, black pudding mash, broccoli, shallot &amp; red wine gravy</i> | <b>£16.50</b> |
| <b>8OZ SIRLOIN STEAK</b><br><i>served with flat mushroom, onion rings &amp; chips (gfa)</i>  | <b>£24.50</b> |
| <b>STEAK SAUCES</b><br><i>choose from peppercorn, garlic butter or shallot &amp; red wine gravy (gf)</i>                                     | <b>£2.95</b>  |
| <b>FILLET OF SALMON</b><br><i>served with baby potatoes, green beans &amp; chive chardonnay cream sauce (gf)</i>                             | <b>£16.50</b> |

(v) vegetarian (vg) vegan (vga) vegan adaptable  
(gf) gluten free (gfa) gluten free adaptable

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### Burgers

*All served with chips and salad*

STICKY BBQ BEEF AND MOZZARELLA £13.75  
*(gfa)*

BREADED SOUTHERN FRIED CHICKEN, BACON, SWEET CHILLI AND MOZZARELLA £13.75

THAI INFUSED CRISPY VEGETABLE BURGER, VEGAN MOZZARELLA & SWEET CHILLI £13.75  
*(vg)*

### Salads

HOT CAJUN SALMON £13.75  
*with tomato chutney (gf)*

CAJUN MUSHROOM & VEGAN MOZZARELLA £12.75  
*with onion chutney (gf) (vg)*

BREADED SOUTHERN FRIED CHICKEN & BACON CAESAR STYLE SALAD £13.50  
*(gfa)*

### Sides

CHIPS/CAJUN CHIPS £4.00

GARLIC BREAD £4.00

GARLIC BREAD & MOZZARELLA £4.50

PUMPKIN MAC 'N' CHEESE BITES £5.00

BEER BATTERED ONION RINGS £4.50

BALSAMIC GARDEN SALAD £5.00  
*(vg) (gf)*

Selection of teas and coffees available from £2.75  
Redwood card holders receive 10% discount on all items

Please let our staff know if you have a food allergy or intolerance to certain foods.

Chips are gluten free however may contain traces of gluten due to cross contamination during the cooking process and may not be suitable for those with a high sensitivity to gluten.